

# NUNDAH EXPERIENCE

## SHIELD

**Saturday 30/11/2024**

- › Gates open 11:30am
- › Warm up 12:00am
- › Start 12:30pm



### SWIM CLUBS:

Ascot Penguins, Virginia Dolphins, Somerset Seals, Nundah Sharks.

### AGE RULES:

Age will be calculated according to age on blocks as per Nundah Experience Shield Rules.

### VENUE:

Nundah State School Pool  
Bage St Nundah QLD

### ENTRY FEE TO THE VENUE:

Fee \$5 per family with a chance to win our lucky door prize. Printed programs limited to club officials only.

### EVENTS:

- All Age Novelty Relay - Breaststroke - Backstroke
- › Medley Relay - Freestyle
- Butterfly - Freestyle Relay

### RIBBONS / RECORDS / FACILITIES:

- › Awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each race.
- › Pool records can be broken.
- › Canteen will be open.

### SPIRIT CUP AWARDING CRITERIA:

A reminder at the end of the day, the Spirit of Nundah Trophy will be awarded to the team who demonstrates the best team spirit. This will be judged on the following criteria, by one member from each club.

#### We request the following officials from each club:

2x Timekeepers and a Referee for one half

**We look forward to welcoming you to Nundah Swimming.**

Carnival Director – [carnivals@nundahsharks.com.au](mailto:carnivals@nundahsharks.com.au)



**Sportsmanship –**  
Does the team demonstrate good sportsmanship to their own athletes, as well as others.

**War-Cries –**  
Level and variety of team chants ie, are they unique and are they loud.

**Team Look/Area –**  
What does your team look like as a group ie Team Uniform? How well is your team area decorated?