



SEASON 2023-2024

CLUB HANDBOOK

Nundah State School
Amateur Swimming Club



**FUN
SOCIAL
COMPETITION**

www.nundahsharks.com.au



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Welcome

Nundah State School Amateur Swimming Club (“Nundah Sharks”) committee welcomes you to the pool for the 2023-2024 season. If you are new to the club or coming back for another year, we hope you enjoy a fun-packed and exciting Nundah Sharks swimming experience.

The Nundah State School pool was built in 1956 and the Nundah Sharks has been operating proudly for over 50 years making us one of the oldest amateur swim clubs in Queensland. We trust that our swimmers and their supporters enjoy the friendly and social atmosphere of Friday club nights, club championships and inter-club swimming carnival meets. The success of these is reliant upon volunteers supporting the committee who work hard behind the scenes.

Thanks for being part of the Nundah Sharks and a special thanks to all those who volunteer to keep the sharks running – see you all at the pool on Friday

Brendan Campbell – Chairperson

for and on behalf of the committee.

Calendar of events

2023	
10 September	Sign on day
6 October	1 st Friday Club Night (excludes Medley)
13 October	2 nd Friday Club Night
20 October	3 rd Friday Club Night
27 October	4 th Friday Club Night
28/29 October	<i>Senior Swim Camp</i>
3 November	5 th Friday Club Night
10 November	6 th Friday Club Night
11 November	<i>Clayton Owen Carnival</i>
17 November	7 th Friday Club Night
24 November	8 th Friday Club Night
25 November	<i>Nundah X Carnival</i>
1 December	Friday Fun Night (no heats and no BBQ)
2024	
2 February	9 th Friday Club Night
3 February	<i>Mole Carnival</i>
9 February	10 th Friday Club Night
16 February	11 th Friday Club Night
23 February	12 th Friday Club Night
TBA	<i>Wet n Wild (subject to availability)</i>
1 March	13 th Friday Club Night
8 March	14 th Friday Club Night including 100m championships (no Medley)
10 March	<i>Community Spirit Shield Relay Carnival</i>
15 March	15 th Friday Club Night including 100m championships (no Medley)
22 March	Friday Fun Night (no BBQ)
24 March	25 and 50m Championships
TBA	Presentation Dinner
TBA	Committee Appointment Meeting

* Host clubs to confirm dates, or advise of any changes once season commences.

Club night order of events

2023					
6 October	Freestyle	Backstroke	Breaststroke	Butterfly	No medley
13 October	Freestyle	Breaststroke	Butterfly	Backstroke	Medley
20 October	Freestyle	Butterfly	Backstroke	Breaststroke	Medley
27 October	Freestyle	Backstroke	Breaststroke	Butterfly	Medley
3 November	Freestyle	Breaststroke	Butterfly	Backstroke	Medley
10 November	Freestyle	Butterfly	Backstroke	Breaststroke	Medley
17 November	Freestyle	Backstroke	Breaststroke	Butterfly	Medley
24 November	Freestyle	Breaststroke	Butterfly	Backstroke	Medley
1 December	<i>Fun night</i>				
2024					
2 February	Freestyle	Butterfly	Backstroke	Breaststroke	Medley
9 February	Freestyle	Backstroke	Breaststroke	Butterfly	Medley
16 February	Freestyle	Breaststroke	Butterfly	Backstroke	Medley
23 February	Freestyle	Butterfly	Backstroke	Breaststroke	Medley
1 March	Freestyle	Backstroke	Breaststroke	Butterfly	Medley
8 March	Freestyle	Breaststroke	Butterfly	Backstroke	No Medley
+Champs	100m Championship Freestyle		100m Championship Breaststroke		
15 March	Freestyle	Butterfly	Backstroke	Breaststroke	No Medley
+Champs	100m Championship Backstroke		100m Championship Butterfly		
22 March	<i>Fun night</i>				



Novice swimmers

PLEASE NOTE: The first novice event will be freestyle and will be held prior to the freestyle heats. The second novice event will be the choice of the swimmer and will be held prior to the second stroke of the night.

Novice Swimmers are those swimmers that cannot competently swim 25m or cannot swim a particular stroke correctly.

Novice swimmers will not be disqualified. Novice events will not be timed and points will not be allocated. However, a record of novice event swims is maintained to ensure novice swimmers do not miss out on a novice award at the trophy presentation night.

Novice swimmers may be aided by a senior swimmer who is deemed strong enough to support a younger swimmer in the deep end of the pool by the referee, coaches or committee.

Novice events are not competitive races; rather they are in place to encourage correct stroke technique and participation, leading up to a swimmer being eligible to partake in the non-novice swimmer events.

Nominations

All nominations swimmers must be received by 6pm on the Thursday evening prior to Friday Club Night.

Nominations are due by 6PM on the Thursday prior to racing on Friday nights. This allows sufficient time for the race secretary to compile the heats for Friday night together with distribution and printing of the programme.

The preferred method of nominating a swimmer is via the Nundah Sharks website.

If a swimmer is not nominated or does not appear on the programme, the marshalling volunteers will do their best to place the swimmer into a heat.

Rules

Please refer to the Rulebook on the Nundah Sharks website to access the rules that govern the operation of the club together with the rules for participating as a swimmer of the club.

Personal timing records

2023	Free / Dist.	Back / Dist.	Breast / Dist.	Fly / Dist.	IM / Dist.
6 Oct					n/a
13 Oct					
20 Oct					
27 Oct					
3 Nov					
10 Nov					
17 Nov					
24 Nov					
2024	Free / Dist.	Back / Dist.	Breast / Dist.	Fly / Dist.	IM / Dist.
2 Feb					
9 Feb					
16 Feb					
23 Feb					
1 Mar					
8 Mar					n/a
15 Mar					n/a



Carnival timing records

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Freestyle: _____ Backstroke: _____

Breaststroke: _____ Butterfly: _____

Freestyle Relay: _____ Medley Relay: _____

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Freestyle: _____ Backstroke: _____

Breaststroke: _____ Butterfly: _____

Freestyle Relay: _____ Medley Relay: _____

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Freestyle: _____ Backstroke: _____

Breaststroke: _____ Butterfly: _____

Freestyle Relay: _____ Medley Relay: _____

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Freestyle: _____ Backstroke: _____

Breaststroke: _____ Butterfly: _____

Freestyle Relay: _____ Medley Relay: _____

Pool records - Girls

FREESTYLE					
7 yrs & under	25M	C. O'CONNOR	NUNDAH	19.22	2001
8 yrs	25M	B. COLENZO	ASCOT	17.10	2001
9 yrs	50M	L. MASTERS	EAGLE JUNCTION	36.25	2011
		P. BURNETT	ASCOT	36.25	2005
10 yrs	50M	A. TANGUILIG	NUNDAH	33.31	2006
11 yrs	50M	K. MILLS	NUNDAH	31.81	2010
12 yrs	50M	B. JOHNSON	KEDRON	30.00	1995
13 yrs	50M	K. MILLS	NUNDAH	28.86	2012
14 yrs	50M	L. LACHECA	CAMP HILL	30.10	1986
15 yrs & over	50M	J. TAMBLING	NUNDAH	29.40	1981
BACKSTROKE					
7 yrs & under	25M	C. WILLIAMS	MITCHELTON	22.30	1978
8 yrs	25M	A. TANGUILIG	NUNDAH	21.51	2004
9 yrs	25M	L. MASTERS	EAGLE JUNCTION	18.94	2011
10 yrs	50M	A. TANGUILIG	NUNDAH	40.48	2006
11 yrs	50M	R. FOSTER BAUER	NUNDAH	37.38	2008
12 yrs	50M	R. FOSTER BAUER	NUNDAH	34.75	2009
13 yrs	50M	K. MILLS	NUNDAH	33.99	2012
14 yrs	50M	R. FOSTER BAUER	NUNDAH	33.56	2012
15 yrs & over	50M	J. FLENADY	ASPLEY	33.30	1983
BREASTSTROKE					
7 yrs & under	25M	Q. KEMP	VIRGINIA	26.26	2016
8 yrs	25M	A. ANDERSON	WILSTON	23.46	2016
9 yrs	25M	L. MASTERS	EAGLE JUNCTION	20.84	2011
10 yrs	50M	K. O'HARA	NUNDAH	43.20	1987
11 yrs	50M	G. McKEON	EAGLE JUNCTION	40.80	2001
12 yrs	50M	L. HOGG	ASCOT	37.34	2011
13 yrs	50M	G. McKEON	EAGLE JUNCTION	36.70	2003
14 yrs	50M	K. O'HARA	NUNDAH	36.12	1993
15 yrs & Over	50M	K. O'HARA	NUNDAH	35.60	1992
BUTTERFLY					
7 yrs & under	25M	C. O'CONNOR	NUNDAH	20.84	2001
8 yrs	25M	C. O'CONNOR	NUNDAH	19.64	2002
9 yrs	25M	P. BURNETT	ASCOT	18.28	2005
10 yrs	50M	A. TANGUILIG	NUNDAH	37.73	2006
11 yrs	50M	J. DIONYSIUS	NUNDAH	36.68	1997
12 yrs	50M	L. HOGG	ASCOT	33.46	2011
13 yrs	50M	J. TAMBLING	NUNDAH	33.50	1979
		G. BUCKNELL	NUNDAH	33.50	1975
14 yrs	50M	J. TAMBLING	NUNDAH	33.20	1980
15 yrs & over	50M	J. TAMBLING	NUNDAH	31.20	1981

Pool records – Boys

FREESTYLE					
7 yrs & under	25M	M. GUTHRIE-QUINN	SOMERSET	18.53	2016
8 yrs	25M	M. DELBRIDGE	NUNDAH	17.00	1995
9 yrs	50M	M. DENMAN	NUNDAH	33.60	1986
10 yrs	50M	M. DENMAN	NUNDAH	33.10	1987
11 yrs	50M	M. DENMAN	NUNDAH	31.30	1988
12 yrs	50M	M. REDMOND	CAMP HILL	29.10	1986
13 yrs	50M	E. BARRY	ASCOT	28.30	2003
		G.KENNEDY	NUNDAH	28.30	1986
14 yrs	50M	Q. RYAN	PINE RIVERS	27.31	2013
15 yrs & over	50M	M. DELBRIDGE	NUNDAH	25.43	2004
BACKSTROKE					
7 yrs & under	25M	J. UNSWORTH	CLONTARF	23.20	1978
8 yrs	25M	J. RAUN	NUNDAH	20.90	1998
9 yrs	25M	C. LEWIS	NUNDAH	19.28	2006
10 yrs	50M	A. WILLIAMS	ASCOT	40.10	2003
		M. DELBRIDGE	NUNDAH	40.10	1997
11 yrs	50M	M. DELBRIDGE	NUNDAH	36.90	1998
12 yrs	50M	C. LEWIS	NUNDAH	34.00	2009
13 yrs	50M	B. PARRY	NUNDAH	33.70	1975
14 yrs	50M	M. DELBRIDGE	NUNDAH	30.93	2001
15 yrs & over	50M	M. DELBRIDGE	NUNDAH	28.60	2003
BREASTSTROKE					
7 yrs & under	25M	P. WOODBRIDGE	CAMP HILL	24.20	1986
8 yrs	25M	B.SILAO	NUNDAH	23.28	2001
9 yrs	25M	S. GREENE	ASCOT	21.20	2003
10 yrs	50M	T. EBRINGTON	VIRGINIA	43.40	2016
11 yrs	50M	S. LEWIS	MORNINGSIDE	39.30	1984
12 yrs	50M	R. COOTE	NUNDAH	39.50	1993
13 yrs	50M	C. SILAO	NUNDAH	36.11	2004
14 yrs	50M	G.KENNEDY	NUNDAH	34.60	1987
15 yrs & over	50M	M. SMITH	NUNDAH	33.13	2000
BUTTERFLY					
7 yrs & under	25M	M. DELBRIDGE	NUNDAH	23.30	1994
8 yrs	25M	M. DELBRIDGE	NUNDAH	19.87	1995
9 yrs	25M	B. TURNER	GEEBUNG	17.01	2016
10 yrs	50M	M. BRETT	CAMP HILL	38.90	1986
11 yrs	50M	S. LEWIS	MORNINGSIDE	35.50	1984
		A. NICHOLSON	MORNINGSIDE	35.50	1984
12 yrs	50M	H. TURNER	GEEBUNG	31.42	2016
13 yrs	50M	D. LACHECA	CAMP HILL	31.40	1986
14 yrs	50M	M. DELBRIDGE	NUNDAH	30.96	2001
15 yrs & over	50M	M. SMITH	NUNDAH	27.81	2000

Championship records – Girls

FREESTYLE				
7 yrs & under	25M	KRIS McNEILLY	20.00	1973
8 yrs	25M	ABIGAIL TANGUILIG	18.57	2004
9 yrs	50M	ABIGAIL TANGUILIG	36.81	2005
10 yrs	50M	ABIGAIL TANGUILIG	33.31	2006
11 yrs	50M	KARISSA MILLS	31.81	2010
12 yrs	50M	CATHERINE O'CONNOR	31.00	2006
13 yrs	50M	KARISSA MILLS	29.53	2012
14 yrs & over	50M	IMOGEN FOSTER BAUER	29.64	2018
BACKSTROKE				
7 yrs & under	25M	CATHERINE O'CONNOR	27.33	2001
8 yrs	25M	ROSE FOSTER BAUER	22.69	2005
9 yrs	25M	ROSE FOSTER BAUER	20.54	2006
10 yrs	50M	ABIGAIL TANGUILIG	40.48	2006
11 yrs	50M	ROSE FOSTER BAUER	38.38	2008
12 yrs	50M	ROSE FOSTER BAUER	34.75	2009
13 yrs	50M	KARISSA MILLS	34.28	2012
14 yrs & over	50M	IMOGEN FOSTER BAUER	34.09	2018
BREASTSTROKE				
7 yrs & under	25M	KRIS McNEILLY	28.00	1973
8 yrs	25M	ABIGAIL TANGUILIG	24.34	2004
9 yrs	25M	ABIGAIL TANGUILIG	22.69	2005
10 yrs	50M	ABIGAIL TANGUILIG	44.59	2006
11 yrs	50M	ALLISON SMITH	42.20	1971
12 yrs	50M	REBECCA NORTH	39.70	1999
13 yrs	50M	REBECCA NORTH	37.65	2000
14 yrs & over	50M	KATE O'HARA	36.12	1993
BUTTERFLY				
7 yrs & under	25M	OLIVIA UHLMANN	24.40	1998
8 Years	25M	CATHERINE O'CONNOR	19.64	2002
9 Years	25M	CATHERINE O'CONNOR	19.18	2003
10 Years	50M	ABIGAIL TANGUILIG	37.73	2006
11 Years	50M	JULIA DIONYSIUS	36.68	1997
12 Years	50M	CATHERINE O'CONNOR	35.16	2006
13 Years	50M	GAIL BUCKNELL	33.50	1975
14 Years & Over	50M	JENNY TAMBLING	31.60	1981

Championship records – Boys

7 yrs & under	25M	<u>C. TURNER</u>	<u>20.10</u>	<u>1979</u>
		S. TURNER	20.10	1980
8 yrs	25M	MITCHELL DELBRIDGE	17.43	1995
9 yrs	50M	MICHAEL DENMAN	34.60	1986
10 yrs	50M	MITCHELL DELBRIDGE	33.73	1997
11 yrs	50M	CLYDE LEWIS	31.72	2008
12 yrs	50M	CLYDE LEWIS	30.12	2009
13 yrs	50M	MICHAEL DENMAN	29.40	1990
14 yrs & over	50M	MITCHELL DELBRIDGE	25.43	2004

BACKSTROKE

7 yrs & under	25M	BEN HOPGOOD	24.50	1999
8 yrs	25M	JARROD RAUN	20.90	1998
9 yrs	25M	CLYDE LEWIS	19.28	2006
10 yrs	50M	MITCHELL DELBRIDGE	41.53	1997
11 yrs	50M	MITCHELL DELBRIDGE	36.90	1998
12 yrs	50M	CLYDE LEWIS	34.00	2009
13 yrs	50M	BRUCE PARRY	34.50	1975
14 yrs & over	50M	MITCHELL DELBRIDGE	28.60	2003

BREASTSTROKE

7 yrs & under	25M	S. TURNER	26.80	1980
8 yrs	25M	JARROD RAUN	24.20	1998
9 yrs	25M	CLYDE LEWIS	21.50	2006
10 yrs	50M	W. CLARKSON	45.10	1971
11 yrs	50M	GLENN KENNEDY	42.10	1984
12 yrs	50M	CHANEL SILAO	39.78	2003
13 yrs	50M	GLENN KENNEDY	37.40	1986
14 yrs & over	50M	MATTHEW SMITH	33.13	2000

BUTTERFLY

7 yrs & under	25M	MITCHELL DELBRIDGE	23.30	1994
8 yrs	25M	MITCHELL DELBRIDGE	19.87	1995
9 yrs	25M	CLYDE LEWIS	18.06	2006
10 yrs	50M	MITCHELL DELBRIDGE	40.08	1997
11 yrs	50M	CLYDE LEWIS	36.60	2008
12 yrs	50M	NICK MURDOCH	34.16	2007
13 yrs	50M	ADAM BRIDEAUX	33.43	1996
14 yrs & over	50M	MATTHEW SMITH	27.81	2000

Contact details

President	Brendan Campbell Chairperson@nundsharks.com.au
Treasurer	Penny Cooper treasurer@nundsharks.com.au
Secretary	Jen Hall secretary@nundsharks.com.au
Race Secretary	Sue Frame racesecretary@nundahsharks.com.au
Carnival Director	Jodie Evans/Chris Flynn Carnivals@nundahsharks.com.au
Boys Selector	Annalyce Mesecke boys.selector@nundahsharks.com.au
Girls Selector	Laura Thompson girls.selector@nundahsharks.com.au
Volunteer Coordinator	Vacant volunteer@nundahsharks.com.au
Apparel Convenor	Adrienne Flynn
Canteen Convenor	Adrienne Flynn
Website and IT	Danyane Bowring admin@nundahsharks.com.au
Marketing & Comms	Jackson Gerard
Photographer	Vacant
BBQ Coordinator	Vacant

Starter

Francis Frame

Chief Marshall

Announcer and Chief Timekeeper

Referee
