



Edition 2 29/02/2012

Welcome to "Edition 2" of Between the Lanes. Firstly thank you to all those who took the time to provide us with feedback on last weeks first edition. We greatly appreciated the input and the overall positive feedback. As mentioned last week you will see greater development of this document over the next few weeks, ultimately providing to each and every member of the Nundah Swimming community, an unrivaled level of communication and information. Again should you have any suggestions or feedback for us, we welcome your email to coaches@nundahsharks.com.au

CAMP

Well the 2012 Nundah Swimming camp is now only 3 days away and it is great to see so many of you are attending this event. Today is indeed the final opportunity to get your forms in so if you are interested in attending this massive event, then please make sure you drop your forms in this afternoon. It only costs \$20 and is worth every cent. Forms are available at the pool. We are still in search of couple more tents, so if you are in a position to loan us your tent for the evening that would be greatly appreciated.

RECORD NUMBER ATTEND ADULT SWIMMING

In the past week we have been thrilled to see so many people attending our adult swimming program. Thank you to all those who have come down and sampled what we have to offer. Our program is proudly one of the largest in Brisbane and includes not only squad, but Adult Learn to Swim, Circuit and now Aerobics. Once again thank you for the increased support in this area and we would welcome any of you who haven't already seen what we have to offer to come and sample our offering.

Swimmer of the Week!



Anastacia Blyth

NOMINATIONS - DUE THURSDAY 6.00pm



EQUIPMENT

Upcoming Events!

TONIGHT	General Meeting
Mar 03	2012 Nundah Swimming Camp
Mar 09	Dewar Shield Carnival Team Training
Mar 10	Dewar Shield, Geebung - 4.00pm (TBA)

This is just a friendly reminder to all swimmers to please be careful with your equipment. This includes Flippers, Caps, Goggles and Togs. Over the past couple of weeks, we have built up a rather large amount of lost property. Kids this equipment is very expensive and it is important that you look after it. Please make sure you take all your equipment with you of an afternoon, once you have completed training.

Also as the season draws to a close, our expectations here at Nundah remain the same. Every afternoon at training, squad swimmers require the following items:

- Flippers
- Sand Shoes
- Water Bottle

All three items are essential to your swimming and are required at every swimming session.

Contact Us!



coaches@nundahsharks.com.au



Find us on Facebook. "Like" the **Nundah Swimming** Page if you are 13 years and older.

CASUAL TEAM DINNER

Nundah Swimming would just like to thank all those who joined us at MacDonald's Albion last Saturday Night. It was great to see the team spirit of the mighty Gold and Black take over the MacDonald's outside area as well as Playground. We hope more of you can join us next time at

one of these events.

So that is it for another week. Similar to last week we hope you have found this to be informative and helpful and we would welcome any suggestions you may have to further benefit the Nundah Swimming Community.

Don't forget to check out our website www.nundahsharks.com.au and facebook page for regular news updates as well as previous weeks editions of Between the Lanes.

Thank you for your continued support and we will speak with many of you on Saturday.

Kindest Regards

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2012
swimCAMP
the **best** is yet to come